

### Tour description

- Visitors get to know aspects of the cultural diversity that Cape Town has to offer on our interactive guided walk through the historical heart of the Bo-Kaap, district of the city centre with a pre-dominantly Muslim community. The walk includes a mini-shopping safari in local stores to discover local spices and ingredients. Our focus lies on the Cape Muslim people with their Southeast Asian heritage, their culture, their community and their food.
- The mini shopping safari, which stops at a local spice shop and halaal butcher offers opportunities to interact with locals and to discover typical ingredients. The shopkeeper himself, when available, or our knowledgeable guide will take you behind the counter to taste, smell and touch typical ingredients. This is a true sensory delight!<sup>2</sup>
- The highlight is to visit a local family's home and participate in a hands-on, fun-filled cooking session & demonstration before savouring a full traditional lunch<sup>3</sup>!

### Tour includes:

- An accredited guide from start to finish
- Transfers return CTICC<sup>4</sup>
- Entrance fee to the Bo-Kaap Museum<sup>5</sup>.
- Cooking session/demo and ingredients for cooking session/demo
- Traditional non-alcoholic welcome drink
- Traditional full course Cape Malay lunch and small gift pack.

### Tour excludes:

- Personal purchases (e.g. spices and ingredients to take home) and gratuities

### Please note:

- Please let us know when booking the tour if you/guests have any special requirements (e.g. physical disabilities) or dietary requirements (food allergies, vegetarians, vegans, etc). We will do our best to accommodate these special requirements.
- Child friendly. Please inform us of the ages of children participating when booking.
- Clients may take as many **pictures** as they wish – but please do not forget to inform them of asking any other individuals they may wish to photograph in advance should they not be our hosts, service providers and guides.
- Please note: we do not encourage giving **children in the streets sweets or money**. **Donations or gifts** are very welcome and we are happy to assist in determining the appropriateness of our clients' kind gesture. In some cases we also have a "wish list"<sup>6</sup> which clients may have prior to their departure from home.
- Guests are to wear comfortable shoes and **appropriate clothing** in respect to this predominantly Muslim community (e.g. no mini skirts/shorts, bare shoulders, sexy clothing, flashy jewellery). Bring sun, rain and wind protection.
- We recommend guests bring a little cash for personal purchases

<b>Tour code:</b>	CMC-HD1_AA
<b>Pick-up and drop-off point:</b>	CTICC
<b>Min &amp; Max numbers:</b>	2 – 12 per tour group (with a maximum of 5 groups of 12 per morning) <sup>7</sup>
<b>Scheduled:</b>	Thursdays & Saturdays <sup>8</sup>
<b>Time:</b>	8:30am – 1:00pm <sup>9</sup>
<b>Rate p.p. inclusive of VAT:</b>	ZAR 720,- (valid Oct 2010 – Sept 2011)

<sup>1</sup> Also available on other days on a "on request and open to the public" basis

<sup>2</sup> When open

<sup>3</sup> Afternoon tour with early dinner on request

<sup>4</sup> Other pick-up and drop-off points on request in City Bowl and subject to an additional fee

<sup>5</sup> When open

<sup>6</sup> These equate to much needed items, which can also be second-hand

<sup>7</sup> All large groups are subdivided into smaller sub-groups of 12 pax (e.g. 36 pax would be divided into 3 sub-groups of 12 pax each). Maximum numbers may vary slightly should a new host be introduced to the network, should a host leave the network or be sick on the date requested. Please check with one of our consultants when booking.

<sup>8</sup> Other days are possible for groups attaining the minimum numbers at the same rate as the scheduled tour. Please check with us. Note: Only variants of this tour are available Saturday afternoons, Sundays and public holidays as the Bo-Kaap Museum and most of the shops usually visited are closed.

<sup>9</sup> Other times by arrangement only. We reserve the right to alter tour times slightly to adapt to our network of service providers' schedules and needs of the requested day.